



## ShiningLite Newsletter

**Illuminating Your Path  
December 2007**

Season Greetings!

Another year has flown by! For me, it has been a year of purging and working through old stuff. Long forgotten issues re-surfaced and needed to be dealt with as it was time for me to move on to the next level. To accomplish this I had to go within and do a lot of inner processing and self-reflection. Some of you have even told me you sensed this withdrawal of energy. But, pulling back was necessary in order to balance all the years I spent focusing on the outer world and the needs of others.

What I discovered was that my inner spirit needed more nurturing and outside distractions were hindering my spiritual quest. I was at a point where I needed to completely clear the path behind me so I was free to fully embrace the possibilities in front of me. It was clear that these issues arose because I needed to pay more attention to my own spiritual needs. Lack of self-replenishment manifested into exhaustion and a sense of feeling overwhelmed. I knew I wanted to heal this but first I had to break through some self-imposed limitations. Taking time off to rejuvenate my own spiritual essence has helped me completely let go of the past and fully re-embrace my gifts and purpose.

I am very much looking forward to manifesting new visions and ideas. The Archangels and Ascended Masters have been assisting my rebirth and I am in awe of the future that is awakening before me!! Now that I have confronted lingering issues and cleared up remaining confusion, I am very excited about the promise of the future.

The angels assure me that new cycles and new possibilities are opening up for everyone reading this message. The spiritual and the physical worlds are intersecting at an increased rate which is in turn speeding up cycles in our lives. For myself, all is suddenly clear and what I envision in front of us is beautiful. Every day there is new light to integrate and it becomes more and more a part of my waking conscience. I feel like I have experienced a quantum leap in understanding as the internal is now balanced with the external. I can't wait to share more with you in 2008.

May your holidays be filled with peace, prosperity and love,

Janice  
[www.ShiningLite.com](http://www.ShiningLite.com)

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### Message from Archangel Uriel

#### Change equals Growth

Hello Amazing Lightworkers!

I greet you in love and light and send blessings to you wherever you are on your path now. As I tune into each of you individually, I notice potential opportunities manifesting in just front of you. So many reading this are gifted teachers, healers, writers and speakers! There are some of you who will be or have been tapped by the media to share your gifts. Be assured that if you are called upon, you have what it takes to relate your ideas and express them in ways the audience will be able to embrace. Divine timing is on your side as your planet evolves into a new stage of development.

Some of you may not be surprised that your role is to be a communicator as you have already received your calling. For others though, it may be a big step out of their comfort zone so all souls who are farther along the path, please remember to look back and guide those who aren't yet as steady on their metaphysical feet. I have faith you will do this with integrity and humbleness as you lift up others with your words and actions. All of you are such gifted communicators in your own way-each of you has an audience whether it's large or small. What you say and do makes a difference to everyone you reach.

If you are feeling a calling to change your career now, don't feel alone. There are waves of changes occurring in all corners of your world. So many of you are being called upon to communicate new ideas and inspire others. Whether the audience is large or just one individual won't matter as the impact of your messages is what's significant. With so many lightworkers everywhere doing the same, it is a positive domino affect throughout the world.

Follow your heart and the guidance you are receiving. It could be coming through as strong guidance with words and ideas repeating over and over in your mind. Or it can feel like a gentle push forward towards considering new perspectives. You may be noticing what used to work won't work any longer and what works for

### Questions from Readers

**Nancy asks: *Why don't angels appear to one and all to spread their wisdom with everyone? Why does it seem like only certain people are chosen to carry or spread their message?***

Angels do spread Divine wisdom to one and all, it's just that some people are more open to it than others. Over the years I've received many queries from seekers hoping for an angel to come through as a walking, talking hologram. But most of us know that's not exactly how it works as angelic energy can be very subtle and gentle.

While anyone can receive Divine guidance and healing from their angels, some do have the calling to pass on messages to others and the reasons can vary. Most often it is part of their life purpose to guide others along with a natural connection with the angelic realm.

Everyone has natural intuitive abilities just like nearly anyone can learn to ice skate well enough. But, even with daily practice only a small percentage will become olympic champions. Every individual has their own unique gifts and talents. Some are tangible and some aren't. It's important for every individual to be aware of and honor their unique gifts. Everybody may not play basketball like Michael Jordan or paint like Rembrandt but everybody does bring extraordinary gifts to the world.

If you feel unable to connect with your angels check if there is a fear of the unknown that needs healing. The other thing to keep in mind is that your angel may not come through as a clear disembodied voice. You could be receiving Divine guidance through inner visions, through thoughts, feelings or your own inner voice and not even know it's from the

someone else may not work for you. What's important is figuring out what works best for you on a personal level. After all, each of you incarnated as individuals so you could create your own realities.

Don't hesitate to ask for guidance in what you seek. Whether the guidance is from within or a trusted spiritual source you reach out to, balance joyful messages with self-knowledge. Let the joy of the Divine reflect in everything you do as unlimited spiritual wealth is always available. When you are filled with spiritual wealth, it will manifest into your daily life as abundance, prosperity and honoring the spirit of the earth you live with.

By bringing the available endless supply of Divine wealth into your being, you will benefit on all levels. Emotionally, intellectually and personally you will transcend obstacles and blocks so this wealth spills over into your earthly reality. This spiritual wealth will give you the power to manifest your potential and lead you to advanced opportunities. I see some of you getting your messages out there via the internet, while others will do some traveling to speak and teach. There are many of you that will broadcast over the radio waves even if you can't imagine how that could be at this time. Take a moment to honor the many pioneer lightworkers who are breaking through old stereotypes and paving the way for new ideas and beliefs to be transmitted through television and film.

One of the most important keys to remember is that your life isn't meant for suffering—each one of you has the power to bring light to everything you touch. Through self-knowledge you can actualize this potential. Make a conscious commitment to radiate spiritual love and light to everyone and everything around you. When you are balanced spiritually, emotionally and mentally, all can and will be accomplished. Be patient and know that when Divine Timing is right, all will manifest as it's meant to. Just as you wouldn't plant flowers outside during the cold of winter, manifesting cycles also have their own reason and season for beginning and ending. So if results don't happen right away, be patient.

You are the center of the reality you create. Think of change, endings and new beginnings as fundamental to growth and manifestation on the earth plane. Your strength lies within and you can handle whatever comes your way with grace and composure. Compare your life to a growing plant that matures through changes

Divine realms.

Be silent and still. Ask your angels to come forward. Pay attention to feelings, thoughts, visions and your subtle inner voice. Chances are your angels have been trying to get your attention.



## Attention Californians

### Farm Animals Need Your Help

Doreen Virtue is working on behalf of the caged chickens, pigs, and cows who can't speak up. Once 650,000 registered Californians sign the Humane Society's Farm Animal Initiative petition, it will appear on the 2008 November election.

When the bill passes, all of the chickens, pig, and cows will be moved to larger cages . . . a definite step in the right direction! If this passes in California, it can pave the way for other states to follow suit.

The initiative desperately needs help in collecting signatures so even if you're only able to collect 4 or 5 signatures, you will still make a big difference on behalf of animals.



If you can, please visit [www.humanecalifornia.org/](http://www.humanecalifornia.org/) today and sign up as a volunteer. It's super easy, and you'll feel good to get involved!!

Here's more information:

The Animals Need Your Help! Californians for Humane Farms must collect 650,000 signatures to place a measure on the California ballot to prevent cruelty to calves raised for veal, pigs during pregnancy and egg-laying hens. We must collect these signatures and submit them for verification by the end of February 2008. We have just 13 weeks left! Join thousands of volunteers and collect signatures from registered California voters all over California.

**and cycles--a plant can not stay dormant to survive. Sometimes plants must be uprooted and moved to a better suited spot so they can flourish just like some of you who feel the pull of relocating. And, like perennial flowers, you can go within to reestablish your roots [foundation] and come back again stronger, more prolific and with added splendor to offer the world. When you are able to accept this balanced viewpoint of change, you will be able to clearly see the path ahead and know that darkness always passes and light forever prevails. You will learn that growth and increased abundance go hand in hand.**

**If you're feeling out of balance, call on your guardian angels to illuminate your conscious mind and increase its clarity so you can overcome fears and doubts within. Let the Divine know if you're ready for an upgrade in your life. Call on your angels to assist and support you in making positive changes. Go within to understand yourself on a deeper level and to bring your conscious and subconscious into sync. Be optimistic during new beginnings and ready to create what you want to accomplish.**

**I bless your spiritual rebirth! Let me shower you with Divine Light forever and always. You only need to ask.**

**May your presence always be a reflection of your joyous spirit!**

**Archangel Uriel**

The Prevention of Farm Animal Cruelty Act is not an online petition. The California Secretary of State requires actual signatures of registered California voters. These must be collected on individual county petitions, verified by election officials and later submitted to the Secretary of State to qualify for the ballot.

Californians for Humane Farms-sponsored by The Humane Society of the United States, Farm Sanctuary and other animal protection groups, family farmers, veterinarians and public health professionals-has launched a groundbreaking ballot initiative campaign to place the California Prevention of Farm Animal Cruelty Act on the November 2008 ballot.

We urgently need your help to make this campaign a success for animals!

Currently we have 81,500 signatures and we need 650,000 total to get it on the November 2008 ballot. Every signature counts!

## **Holiday Special**

### **Prices Reduced through December**

To celebrate the holiday, I have reduced prices for all of my online services until the New Year.

Check out the specials at  
[www.shininglite.com/readings.htm](http://www.shininglite.com/readings.htm)

## Upcoming Classes and Events

Pre-registration is Required

### Creating Abundance

What do you want more of? Prosperity? Love? Happiness? Whatever it is, you can learn to manifest everything you've always wanted and more! The only catch is that you have to be ready to receive it. Manifest prosperity and positive energy in your life. Release blocks and vows of poverty

Most people have had the experience of asking for what they want but only managing to manifest less than a third of it. Why? Because self-limiting beliefs can hold us back. And this isn't just about money-it's all the things we want more of-joy, true love, success, even time!

Come and learn how you can have a surplus of prosperity and happiness by making it a priority to live a joyful life!

Sunday January 20, 2008  
4:15pm to 7:15 pm  
Sacred Earth  
952 Main Street  
Antioch, Illinois  
\$30 Cash Only Please  
Call 847-838-5694 to register

This class will also be offered via a 3-part teleclass--details coming soon.

### Mystical Ascension Group (8-weeks, Telecircle)

**An 8-Week Sacred Support Group Designed to Support Leaps of Faith, Attuning to Divine Guidance and Exploring the Mystical Magical Self**

This workshop will be led by Laurel and Wes Bleadon-Maffei while I hold a sacred space for exploration, attunement and amplification of your Divine Gifts. As Lightworkers, we are needed, especially now. Gain confidence and enhance your connection with your mystical self. Remember, you are part of a powerful team of light, working together to amplify the vibration of loving on the planet.

- Experience sacred sharing, loving support and a safe place to explore your journey.
- Explore ways to connect with your gifts and Divine Guidance including through writing, channeling, oracle card readings and sacred ceremony
- Experience a greater connection with your own Divine Guidance & Intuition
- Benefit from working with a loving, conscious group of fellow Lightworkers. Together our energy is amplified, miracles possible
- Develop greater attunement to your mystical abilities

New evening class is beginning on Wednesday, January 9th (7pm to 9pm Central Time). Please contact me via email for details and how to sign up. 8-week Telecircle: \$344

## How to Read and Interpret Auras

This workshop is designed to enhance participants' sensitivity to the aura and learn the art of interpretation. Attendees will learn about the energetic field that surrounds all living things and through a series of exercises, participants will learn how to sense auras and interpret what comes through. Reading auras is probably easier than you thought. This class will give you new ways to perceive reality and a deeper understanding of your intuitive gifts.

Sunday February 10, 2008  
4:15pm to 6:15 pm  
Sacred Earth  
952 Main Street  
Antioch, Illinois  
\$20 Cash Only Please  
Call 847-838-5694 to register

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