



## ShiningLite Newsletter

July 2007

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### **Summer Greetings!**

I hope your summer is going great! In my area we've been blessed with beautiful weather during this time of abundance. Now is the time to begin reaping what we have sown and celebrate what we've manifested.

Late summer is a great time to celebrate the bountiful life we've been blessed with. We've stated our hopes and what we're wishing for. Now it's time for the harvest and to reap what we've sown. Take a little time to pause and think about the blessings we are so lucky to receive. Focus on how powerful and wonderful you are!!! Miracles can and do happen every day!!

You are all wonderful inspirations. Thank you for spreading the Light!

Angel Hugs,  
Janice

*Archangel Cassiel*

### **Associations:**

- Animals/Birds/Insects: Beaver, Sloth, Tortoise, Vole, Crow, Rook, Heron, Worm, Centipede
- Plants: Beech, Holly, Poplar, Scotch Pine, Yew, Cannabis, Uva Ursi, Most Irises, Cornflower, Pansy, Verbascum.
- Gems and stones: Onyx, Jet, Diamond, Obsidian, Black Corals, Coal
- Metaphysical Creature: Dragon
- Power Day: Saturday

- Colors: Deep Purple and maroon to Iridescent Black
- Planet: Saturn
- Symbol: Jacob's Ladder
- Astrologic association: Ruling Prince of Capricorn
- Qualities: Structure, Maturity, Fortune, Temperance/Patience and Power

Cassiel whose name means "Unity of God" and is called the Angel of Mind Expansion, Memory, and Genius. Cassiel is widely known as the angel of solitude and tears who "shews forth the unity of the eternal kingdom." Cassiel is one of the rulers of the planet Saturn, also a ruling prince of the 7th Heaven and one of the sarim (princes) of the Powers angelic hierarchy. Sometimes he appears as the angel of temperance. The Magus speaks of him as one of the three angels of Saturday along with Machatan and Uriel. Light a candle to Cassiel on Saturday.

He comes through as deep, deep maroon to iridescent purple, almost black light. He has long copper hair and a beard, often riding a dragon. There is a bright silver and scarlet teardrop shaped light over her heart center. Sometimes he appears with a cistern to catch the tears of the world. Cassiel's presence is infinite and his vibration is profound. Cassiel has a lot of mystical information to convey but only when she feels the time is right.

Cassiel speaks very slowly and is a very powerful teaching angel. She is sometimes known as the angel of temperance so if she shows up as a guardian angel, you may have many lessons in patience and moderation during your life.

Globally, Archangel Cassiel rules over the commerce and undertakings that create the foundation of our existence on earth. Cassiel can also help with matters of property, land and agriculture. He rules the physical structures of houses and buildings. If asked, he can help fortify and assist restorations. She will also help settle wills after someone has passed over.

We can have faith that Cassiel, the angel of good fortune, will help if we put forth the effort and work in the material world to see our dreams manifest. She teaches that we can't get something for nothing. It's a two-way street of giving and receiving. One lesson from Cassiel may be to learn to receive. So many people don't feel worthy of receiving and, therefore, have low self-esteem about their gifts and talents. In order for our dreams to manifest, we must be patient, express positive thinking and have confidence that what we want is coming as long as constructive effort is put forth.

Cassiel can help us recognize patterns. He also will assist us in prioritizing our goals in life. This angel can help us realize what commitments we must make and what we can do differently.

He assists the elderly, people and animals. While he may not be able to cure all diseases, he can help alleviate the symptoms.

She can also assist us when we feel lonely and misunderstood. As a guardian she will make an effort to protect us taking up bad habits when we have low self-esteem.

Cassiel will shower us with truth and clarity whenever we request it. She reminds us that every task in front of us isn't difficult, just necessary.

**Strengthen your personal power by standing in your truth. Express your emotions**

clearly and appropriately. Trying to bury them won't work when working with Cassiel. This angel helps hidden and suppressed emotions emerge so we are always living in our truth.

Cassiel will often give signs through her animals and plants. Coming across soot can be another one of her signs. Keep your awareness up and recognize when the spirit world is trying to get your attention by paying attention to things like finding a worm (one of Cassiel's sacred creatures) in your path or someone unexpectedly gifting you with a dragon statue. Be open to the subtle signals in your environment.

## Message from Archangel Uriel



*"Blessings to all you Dear Lightworkers,*

*My greetings to you are hearty and joyful. I already am working with many of you to co-create peace and joy in your lives. One of my purposes as an angel is to shine the light into the darkness and bring the hidden or shrouded to Light.*

*The Divine and the angels know that sometimes it's hard for an individual to see any way to make a positive change in their life. The same person may be able to tell other people exactly what they need to do to improve their lot in life but when it comes to making their own plan, they haven't a clue.*

*This is because there is a part of the individual that is blocked by fear: fear of change, fear of the unknown, fear that they will fail. Fear will continue to block their progress until they address what it is that they don't want to acknowledge. It is usually something that they*

*must do but at the same time are fearful to do so. They may not be consciously aware of this fear but all the same it lurks as a dark obstacle.*

*What are you afraid of? What fears are blocking you from a fulfilling life? What keeps you from fulfilling your destiny?*

*Some people have problems standing their ground. Others feel uncomfortable speaking their personal truth. Many hold themselves back for fear that they will hurt someone in their life. The fear of failing keeps many people from trying at all. Lightworkers often fear they will be judged unfairly by others-not moving past this fear can keep them from fulfilling their life purpose.*

*When a human passes out of their physical body into the spiritual realm they get to look back and see all their actions and words. They see how they taught others and how others taught them. They see what was along with what potentially could have been had they used all gifts, talents and resources available.*

*Everything looks much easier from this big picture perspective. Many people in spirit wonder why they let such small fears grow into huge obstacles. They want to tell the loved ones they left behind to follow their dreams and not to let fear hold them back.*

*If you were to pass into spirit form today, what would you look back on as your biggest success? What would you wish you had done better? What would you wish you had done differently? What weaknesses do you feel truly hold you back in life? What talents and strengths do you have to overcome these weaknesses?*

*No matter what answers come to mind know that you are shining light on the reasons why you do things the way you do.*

*This exercise isn't to punish yourself or make you feel bad. It's a way to get to the truth in any part of your life where you are unfulfilled. If you answer the question of what would you do differently with something like, "I wish I hadn't married \_\_\_\_\_," then ask yourself why you did that in the first place and be honest in answering yourself. It may be that you were afraid to be alone, that you thought no one better would ever come along or that you don't deserve anyone better suited.*

*I am available to help everyone at anytime in bringing fears to light. Call on me and ask for my assistance to illuminate your self-created blocks and obstacles. I can also help you reduce the drama and chaos in your life by helping you understand their source.*

*Fear is nothing but an illusion. It can make one avoid or shrink at the very times they need to step up and shine their light. I will help anyone who calls on me for assistance to overcome fear.*

*I can help you love your complete self-all your strengths as well as all your weaknesses. If you are aware of your weaknesses you can then consciously overcome them so they no longer stand in your way! Your weaknesses may become your greatest teachers during your earth walk. Illuminate and embrace them! You'll be able to move forward from that point with full knowledge that you have the power and support to overcome delusional fear-based obstacles. This will give you peace of mind.*

*I sign off as Archangel Uriel and I send Love, Joy and Peace to you. At any time I am only a thought or call away. I stand by waiting for your call"*

*Yours in Light,  
Uriel*



**Mediumship Training**

### **Learn to Communicate with Dearly Departed Loved Ones**

This is a wonderful opportunity to explore your gifts in communicating with Dearly Departed Loved Ones in a safe light-filled environment. This class is suitable for beginners - no experience speaking with dead people required~! Mediumship is a wonderful way to bring healing to the world and remind people of the eternal nature of life.

**Class Dates:** October 20 & 21, 2007  
**Time:** 10:00am to 5:30pm  
**Location:** Skokie, IL (Chicago Area)  
**Cost:** \$375 (Save \$100 if registered in August, Save \$50 if registered in September~)  
**To register for the class, call 310-247-1866.**

**You Will:**

- Experience the way the gift of mediumship is expressed through you.
- Learn the basics of a successful mediumship reading.
- Have the opportunity to do multiple mediumship readings during the weekend.
- Learn to discern between Deceased Loved Ones, Angels and Spirit Guides.
- Lovingly clear energetic patterns that might be blocking your path.
- Experience a greater connection with your own Divine Guidance & Intuition.
- Benefit from working with a loving, conscious group. Together our energy is amplified & miracles possible.
- Receive a beautiful calibration and anointment in service to enhancing your gifts.



**Mediumship Training FAQ:**

We have created a brief FAQ for those of you intrigued at the idea of studying mediumship, but are wondering if the gifts will flow through you. I've seen many people open to their gifts and they are almost always shocked that "They can talk to dead people!"

Here's a brief FAQ about our mediumship training:

**What is Mediumship?**

Mediumship is defined as the ability to communicate with deceased loved ones. The purpose of mediumship as we teach it is to deliver messages of loving and reconciliation to the loved ones still on the physical plane. It is a beautiful way of bridging the visible and invisible realms for the purposes of healing.

**Why would I want to practice Mediumship?**

People are called to mediumship for various reasons. Some are guided to study mediumship to help them amplify my connection with their intuitive abilities. Some study because they are guided to serve as a bridge between the worlds. Others study so that they can experience an intuitive adventure and discover more about their mystical gifts.

**Will I start seeing dead people everywhere?**

Not unless you want to. Mediums communicate with the other side by choice and communication is by mutual agreement. It's been my experience that very healthy boundaries are kept between both medium and DLOs (deceased loved ones).

**Can I really talk to dead people?**

Yes, if you're open to it. Mediumship is not a gift available to a selected few. I believe that everyone has this ability and it can be nurtured with training and the opportunity to practice in a sacred loving environment. Mediumship is an opportunity to provide messages of love from the other side. These messages bring with them amazing healing energy and evidence that life is eternal.

**Will taking this class help me in communicating regularly with my own DLOs?**

Usually mediums are better at contacting other people's DLOs rather than their own. This is due to the fact that we have so many memories and imprints from our own DLOs that it's hard to discern if messages are a result of wishful thinking or actual communication. For example, if you see an image of your grandfather in full fishing gear, you might wonder if that's because you saw him in that gear a million times. But if a medium says to you, "I see your grandfather and he's in full fishing gear with hip waders, flannel shirt, tackle box, fishing hat," It would have more impact.

**Will the class teach me to do readings like John Edward?**

Maybe, if that is your destiny and you continue practicing your gifts. I always tell people that watching John Edward or John Holland conduct mediumship readings is like watching Lance Armstrong ride the Tour de France. They are the best of the best and bring forward amazing detail and information. No individual will know how the gift of mediumship flows through them until they explore the journey. The first step is to attune to the frequency and begin understanding the unique language of your intuition. We each receive our information in our own way. This class is designed to help you gain better understanding on how to do a mediumship reading. It is our intention that each person will successfully communicate information from the other side.

I am co-facilitating this class with Spiritual Teachers, Laurel & Wes Bleadon- Maffei. Both are Angel Therapy Practitioners® and Mediums certified by Dr. Doreen Virtue. Laurel & Wes bring a high level of light, love and joy to their classes. Their website is [www.illuminatingsouls.com](http://www.illuminatingsouls.com).

**To register for the class, call 310-247-1866.**

The workshop will be held at the [Chicago- Northshore Doubletree Hotel and Conference Center](#). This is a great location with the premiere Old Orchard Shopping Center just across the street.

It would be a blessing to have you join us if this mystical adventure resonates with you!

[Mediumship Training](#)

**Quick Links...**

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- [ShiningLite Homepage](#)
- [Getting a Good Reading](#)
- [Angel Merchandise](#)
- [Readings](#)
- [Angel Mist](#)
- [Recommended Reading](#)
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