



**ShiningLite Newsletter** **Illuminating Your Path**  
**August 2008**

Summer Greetings!

I hope your summer is wonderful!! Time is really flying right now!! The messages I keep getting lately from the angels is to focus on joy and happiness and to minimize time spent on anything less. I have to admit that it's easier said than done!! So many people come to me with their problems, in both my professional and personal life, some days my head just spins with all the stuff thrown my way.



So what to do? I have been working to increase my meditation in order to pull out of this material world for a while. I have two teenagers and two dogs who can sometimes make meditating a bit of a challenge so sometimes I do my meditations in short bits, a few minutes at a time. If anyone is finding it challenging to find time to meditate, I encourage you to try this. Even just a couple minutes of meditation a day makes a difference!! For those of you who find meditating a challenge, I am offering a 2-hour Teleclass on meditation in September and you can sign up now.

A lot of people are talking about the big shifts in energy that we are going through. Some people seem to be worried about all the changes happening. I attribute this to all the energy fluctuations happening which is making it a bit more challenging to keep grounded and balanced. No matter how things seem, focus on the positive and all the blessings in your life and everything will resolve just as it's supposed to.

Until next time, I wish you and yours endless blessings in all directions of time!!

Love, Light & Angel hugs,  
Janice

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## Message from Mother Mary, Queen of the Angels

"Hello dear blessed ones!

I come through today to shower you with unlimited love, infinite light and eternal Divine blessings. Your blessed individual shining light is a beacon that illuminates your spirit and opens your heart to all the unconditional Divine love available. Consciously keep your heart open to love and have faith that all is just as it should be.



In every action you take, you are living your life purpose just as you are meant to. In every effort you put forth, you are adored and applauded. Listen, sense and feel the spiritual team around you cheering you on! As you confront the hurdles and dips on your life path, we are all there supporting you and assure a solution is always available. You may be asking why we want to help you. I am here to tell you that we understand how the duality on earth can be confusing and unhelpful at times. From our point of view, persistence and courage are often what you need most of all. Consider that uncertainty in life is always temporary and that this too shall pass. Trust in your efforts and have faith they will be rewarded most definitely. Support and inspiration are

always available-all you have to do is ask for help.

Do you feel a pause in your life right now? As new dimensions open up and the doors between worlds swing open, confusion on what to believe and what to let go

can surface. This pause may be causing you to feel restless in anticipation of changes to come. Be alert to subtle vibrations and notice your inner voice gaining power. The guidance you seek lies within you. You are being called to explore new paths that could lead anywhere from your perspective. You may not sure whether to take a new direction even though deep down you know change is inevitable and it's time to move forward. Pay attention to flashes of insight that seem to come out of nowhere-these creative inspirations will be of great benefit to you as you get ready to begin a new phase in your life. The current pause won't last forever beloved and you'll want to be ready when everything comes together.

Sometimes you wish to channel your energies in more beneficial ways. I encourage you to reconcile your courage and passion to do what you must in order to accomplish what you desire. Your spiritual support team is always there to inspire, motivate, guide, protect, nurture, love and comfort you-ask for a boost of energy when you need it and our gentle, yet powerful love will evoke the divine truth that comes from within.

Seek joy to find joy and let your inner light guide you. Even though you may not be able to see clearly where it will lead you, following your inner voice will bring you to happiness. Pursue new possibilities and face any fear of change with love, peace and kindness. We believe in YOU! The Divine is never wrong and you can be all you're meant to be. As you shine your bright light, others in your sphere of influence are illuminated and enlightened just from your presence! Never forget that miracles, big and small, happen every day.

Connect to the Divine and let your bright light shine!"



## The Role of Lightworkers in this World

Lightworkers everywhere have awakened to a call from within. The feeling of coming here to do something, even if they aren't quite sure what it is, won't go away. The earth is out of balance, there are too many toxic situations and hidden agendas. Oppression, demoralization and deception bogs down the evolution of the planet. The time has come for All to be brought to light. Destiny has been set in motion and what is unseen will be exposed. Covert and manipulative operations are being uncovered every day, usually by lightworkers.

Lightworkers share a common purpose of illuminating the truth. Lightworkers don't take what they're told at face value. While others may blindly follow without question, lightworkers question and examine commonly held beliefs. What has been accepted at face value by previous generations will be thoroughly scrutinized by lightworkers. These dogmatic concepts seem superficial or outdated to many lightworkers. Just because "it's always been that way" will not be enough. They won't respect someone just because of a position they hold or the possessions they have. Anyone who hopes to influence lightworkers must be accountable and earn their respect.

Lightworker is a broad term. A lightworker may or may not be members of the new soul groups incarnating here, commonly called Indigos and Crystals. They may be incarnated from the many different realms of the universe. Many lightworkers are souls who normally do not choose to come to life on earth but are doing so now because of the evolutionary shift taking place on the planet. Lightworkers volunteered to be here during the transition and advancement this planet. A common thread among all lightworkers is a need and desire to illuminate the Truth. There is a large group of souls that have been in power on this planet for millennia. These soul groups have incarnated in power positions over and over again building up manipulative karma that is toxic. The major change happening right now is that these powerful soul groups aren't blindly accepted as just and worthy leaders by lightworkers or by the subsequent generations to come. This is



causing a huge rift and what situations arise from these changes and shifts of power remains to be seen. It depends on so many different choices and alternatives that will be created by the billions of incarnated souls-the script is still being written.

As lightworkers, it's important to be positive and embrace these changes. The "powers that be" now won't be able to subsist once the veil of illusion is thinned and the truth completely revealed. Because of this, those in power are worried and are hoping we'll all believe in the doom and gloom scenario they're creating to surround this change. To counteract this murky energy, we need to shine our beautiful lights even brighter and hold the vibration of truth within ourselves.

Like all people, lightworkers incarnate with no memories of their life mission. As they awaken at some point in their life, questions begin to surface. What is my life purpose? Why am I here? Why did I choose this life and these challenges? So many lightworkers tend to look outside themselves for answers. It will be difficult for them to break out of the habit of wanting someone else to tell them where to go and what to do. Others will feel they know exactly what to do and find their path changing as their purpose matures. Many lightworkers will be attracted to many concepts and ideas simultaneously and become confused on which is the "right" path for them. Some will search for a guru or a leader hoping that someone on earth has all the answers. And, there are the lightworkers who are contacted directly by the spiritual realm and told what their role is. What they're told may be specific or it may be vague.

So what are you here to do? We should be flexible and know that there may be many different jobs and situations that are part of our spiritual purpose. Don't get stuck or attached to any one path or situation as there will be many changes over the coming years. Let your passion be your guide. Know who you are and what interests you. Don't look for someone else to tell you what you are here for. Instead, go within and ask your Higher Self, "Why am I here and what should I be doing? What did the Divine envision when I was created?" Really pay attention to what comes through after you ask. Be aware of synchronicity happening around you. Signs that come in three's. Listen to your inner voice. We are all unique creations of the Divine and everyone has different strengths and talents.

As with all of the Holy Spirit's creations, each lightworker brings light into this realm in a unique way. All lightworkers have the affinity to communicate with the spiritual realm and many chose to use their intuitive gifts to help others. Of course this isn't always the path that's right for everyone. Many lightworker souls chose the path of the healer or counselor but the way they do it will vary greatly. For every gifted Reiki Master, there is a comedian lightworker who heals with joy and laughter, bringing more light to our lives. There are lightworkers who are blessed with high I.Q.'s and part of their purpose is to prove new theories or disprove outdated ones. Certain talented souls chose to bring in more light through the beauty of art and music. Catalyst lightworkers are the pioneers and debaters, or in the extreme, downright rebellious, and are here to awaken the sleeping community and prompt them to question what they've always accepted as truth. Warrior lightworkers are advocates and defenders of the weak and helpless. Teaching lightworkers are motivators who turn the self-defeated into the self-empowered. There are also the writers and teachers getting the new information and stories out there. The list never ends. These are all "God-given" gifts. Our true calling in life, lightworker or not, always involves something we are passionate about doing. Allow your innovative, radiant Self to emerge by first going within and fully understanding who you are and then emerging with passion and joy.

## Upcoming Teleclasses

### Meditation Teleclass

Do you want to meditate but aren't sure how? Do you meditate but feel you're unable to take it to the next level? Have you tried meditation but aren't sure if you're doing it correctly? Do you want to bring more serenity, peace and balance into your life? Do you think that in order to meditate, you have to sit still with an empty mind? If you answered yes to any of these questions, this Teleclass could be for you!

Meditation improves our health by harmonizing and balancing the energy in our body, mind and spirit. It helps us cultivate calm awareness in contrast to our busy lives. Join us and explore the practice and benefits of meditation through this teleclass. Learn how to relax and meditate!

**Date:** Monday, September 15, 2008

**Time:** 7pm to 9pm U.S. Central Daylight Time  
Time Zone Converter:

<http://www.timezoneconverter.com>

**Place:** Teleclass format - call in number will be provided

**Cost:** \$44 (payment due in full prior to first class)



## Connecting with your Angels Teleclass

Have you ever escaped a close call and knew it was your guardian angel that saved you? Are you willing to open up and receive their guidance on a regular basis? Your guardian angels are eager for you to communicate with them! Everyone has at least one guardian angel; most people have two, four or more.

Learn their purpose for assisting and protecting us and how to communicate with them as often as you choose. You'll also learn blocks to communicating and how to move past them. Topics covered include learning about the different kinds of angels, how to attract more angels, common angel myths, ways they communicate to us, learning to discern angelic contact from other spirits, angel dictation, how to use oracle cards to receive their messages, how to work with other's guardian angels and guidelines to establishing ongoing communication.

During a guided meditation, you will meet your personal guardian angel, learn the name they wish to be called, how you perceive their energy, and set up a signal between so you will always know when they have messages for you.

You are never truly alone! Anyone can take advantage of this opportunity and learn a life-changing skill you can practice and enjoy for life.

You'll learn enough in this 3-hour teleclass to begin or deepen your relationship with your angels by learning to communicate with them in everyday life and recognize their messages to you.

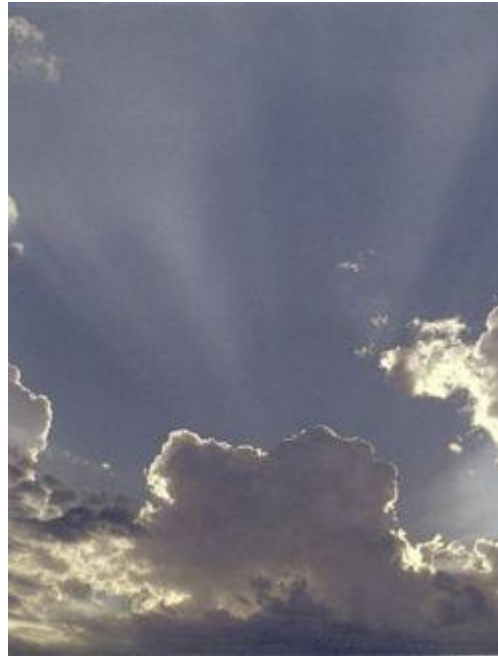
**Dates:** Monday, September 22, 2008

**Time:** 7pm to 10pm U.S. Central Daylight Time

Time Zone Converter: <http://www.timezoneconverter.com>

**Place:** Teleclass format - call in number will be provided

**Cost:** \$63 (payment due in full prior to first class)



## Creating Abundance

What do you want more of? Prosperity? Love? Happiness? Whatever it is, you can learn to manifest everything you've always wanted and more! The only catch is that you have to be ready to receive it. Manifest prosperity and positive energy in your life. Release blocks and vows of poverty that hold you back.

Most people have had the experience of asking for what they want but only managing to manifest less than a third of it. Why? Because self-limiting beliefs can hold us back. And this isn't just about money-it's all the things we want more of-joy, true love, success, even time!



Come and learn how you can have a surplus of prosperity and happiness by making it a priority to live a joyful life!

**Dates:** Monday, September 29, 2008

**Time:** 7pm to 9pm U.S. Central Daylight Time

**Time Zone Converter:** <http://www.timezoneconverter.com>

**Place:** Teleclass format - call in number will be provided

**Cost:** \$44 (payment due in full prior to first class)

## Connecting With The Archangels 4-part Teleclass

A powerful and fast-paced, four part workshop to learn the power of the Archangels. The Archangels' energies are particularly relevant at this time of great change. We'll cover the specialties of each Archangel and how to work with them. Come release stress and negativity while becoming attuned to the Archangels. If you've felt a calling to become a lightworker and have felt the presence of the angels, this class is for you!

This teleclass consists of four parts:

- **Psychic Protection with Archangel Michael**-The first part of this workshop includes an overview of lightwork, negativity, fear, entities, releasing negativity and reasons why some people can't or won't. Each participant will give and receive an angelic soul clearing. Psychic shields and cutting negative etheric cords will also be covered. It's important to start the workshop discussing fear, negativity and ridding yourself and your environment of it because you are going to be doing some powerful psychic work today.
- **Connecting to your Intuition with Archangel Gabrielle**-After your blocks are cleared, we will cover angelic intuition and how it can give you the ability to be proactive rather than reactive in your life. A guided meditation will get you in touch with your higher-self opening the door to future insight to your life. Other exercises include developing clairvoyance and strengthening your

aura.

- **Forgiveness and Releasing Energy Blocks with Archangel Uriel**-This archangel, perhaps the least understood, can help transform painful memories and worst disappointments into our greatest blessings. This part of the workshop will help you clear your chakras, release blocks, unforgiveness and resentment to bring you peace of mind. Become a master of your energies by clearing away blocks that are holding you back.
- **Healing Yourself and Others with Archangel Raphael**-Known as the Angel of Healing, Archangel Raphael can get you in touch with healing energies. Use this energy combined with your intention to heal yourself and help heal others in their highest good.

By learning about and performing the exercises with each Archangel, you will come away energetically cleansed and strengthened. Each class is designed to clear away specific blocks to strengthen attendees' intuitive abilities. They will also be taught the abilities to clear and cut cords for others.

Bring an open mind and a willingness to release negativity and blocks and letting the lightworker in you shine forth!

**Dates:** Tuesdays October 14, 28 & November 11, 18

**Time:** 7pm to 10pm U.S. Central Daylight Time

Time Zone Converter: <http://www.timezoneconverter.com>

**Place:** Teleclass format - call in number will be provided

**Cost:** \$222 (payment due in full prior to first class)

Please email me at [angeliclightworker@msn.com](mailto:angeliclightworker@msn.com) to sign up and for questions for the Archangel teleclass.

# Connecting with your Angels

## A One-Day Workshop

Sunday, October 26, 2008

10:00 to 5:00 pm

Location: Skokie, IL (Chicago Area)

Tuition: \$144\* (Save \$44 by registering early!)

Are you feeling guided to learn more about your guardian angels? Are you willing to open up and receive their guidance on a regular basis? This one-day workshop is designed to help you connect with your angels - they are eager for you to communicate with them!

This workshop is facilitated by friends and colleagues, Janice Olson and Laurel Bleadon-Maffei. Both are gifted intuitives who have taught many how to connect with their angels-!

### You Will:

- Enhance your connection with Angels, Guides and Ascended Masters.
- Learn the angels purpose for assisting and protecting us and how to communicate with them as often as you choose.
- Gain greater understanding about different kinds of angels, how to attract more angels and common angel myths
- Connect with your angels using Dr. Doreen Virtue's oracle decks\*.
- Learn how to work with other's guardian angels and guidelines to establishing ongoing communication.
- Experience a guided meditation where you will meet your personal guardian angel, learn the name they wish to be called, how you perceive their energy, and set up a signal between so you will always know when they have messages for you.
- Benefit from working with a loving, conscious group. Together our energy is amplified & miracles possible.



\*Participants are asked to bring one of Dr. Doreen Virtue's oracle decks to class. Decks will also be available for purchase for \$15 during the workshop

\*Register by 9/15/08 - Save \$44 off the cost of tuition (\$100 total)

Co-Facilitated by:

Janice Olson has been doing readings for 25+ years in the Chicago area and is also an Angel Therapy Practitioner® certified by Dr. Doreen Virtue. Laurel Bleadon-Maffei is Spiritual Teacher and Angel Therapy Practitioner® certified by Dr. Doreen Virtue. Laurel brings a high level of light, love and joy to her classes.

To Register, contact: Laurel Bleadon-Maffei, M.A.: 707-731-2241 or [Laurel@illuminatingsouls.com](mailto:Laurel@illuminatingsouls.com)

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